



J. R. Taylor Memorial 5K Race and Walk
Bethel Park, PA
Saturday, June 3, 2017, 8:30 a.m.
Benefits the Bethel Branch of the Montour Trail

Sponsors include Brentwood Bank, Century Steel Erectors, Highfield Crossing Apartments, Fleet Feet, KOB Solutions, Al's Café

This pleasant 5K out-and-back run, all on the Montour Trail, begins 800 feet **north** of the trail's J. R. Taylor Memorial Bridge over Clifton Road in Bethel Park, near McMurray Road. Runners will zoom along the flat, crushed limestone surface of the Montour Trail's Bethel Branch to a turnaround point north of Brush Run Road and then return to the start. The **new course alignment** enables all participants to get chip-based times and to cross the bridge in both directions.

Registration: Online at runsignup.com, by mail, or between 7:30 and 8:10 a.m. on race day

Starting time: 8:30 a.m.

Registration fee: \$20 through May 14; \$25 from May 15 to June 1; \$30 on race day

Online processing fee: \$2.50 maximum (less per entry if multiple entries submitted together)

Location: Washington Elementary School, 515 Clifton Road, Bethel Park. Parking is available in the Washington School parking lot and the upper section of the adjacent Al's Café parking lot.

Advance packet pickup will be available at Fleet Feet, 1751 North Highland Road (Norman Center), from 5:00 to 7:00 p.m. on June 1 and 3:00 to 7:00 p.m. on June 2.

Awards: Fleet Feet gift certificates to top 3 overall, male/female; medals to top masters finisher (age 40 and up) and top 3 in each age category (10 and under, 11-14, 15-19, 20-24, 20-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+), male/female

T-shirts are guaranteed to those who register online by May 14.

Make checks payable to: Bethel Friends of the Montour Trail

Mail to: Bruce Barron, 101 Gardenia Drive, Bethel Park, PA 15102

Contact: Bruce Barron, bruce.barron0@gmail.com or 412-260-8797

Detach bottom of form to register, or register online at www.runsignup.com

J. R. Taylor Memorial 5K Race/Walk Registration Form

Name _____ Runner _____ Walker _____ Gender: M F

Street Address _____ City _____

State _____ Zip code _____ Phone _____ E-mail _____

Age as of 6/3/2017 _____ Circle T-Shirt Size YM YL AS AM AL AXL AXXL (guaranteed if registered by May 14)

Waiver: In consideration of my entry in the J. R. Taylor Memorial Race/Walk, I waive all rights and claims for damages against the Friends of the Montour Trail in Bethel Park and the Montour Trail Council and their volunteers as a result of any and all injuries suffered by me in the J. R. Taylor Memorial Race/Walk, whether caused by trail conditions, actions of participants or otherwise. I also authorize the use of any photos that may involve me.

Signature

Parent Signature if under 18