



J. R. Taylor Memorial 5K Race and Walk
Bethel Park, PA
Saturday, June 1, 2019, 8:30 a.m.
Benefits the Bethel Branch of the Montour Trail

Sponsors include Brentwood Bank, Highfield Crossing Apartments, Fleet Feet, KOB Solutions, John A. Biedrzycki, Esq.—The Steel City Lawyer, Brookside Lumber, Al's Café

This pleasant 5K out-and-back run and walk, all on the Montour Trail, begins 800 feet north of the trail's J. R. Taylor Memorial Bridge over Clifton Road in Bethel Park, near McMurray Road. Runners will zoom along the flat, crushed limestone surface of the Montour Trail's Bethel Branch to a turnaround point north of Brush Run Road and then return to the start. Runners and walkers will cross the bridge in both directions. All participants start together and receive chip-based times.

Registration: Online at runsignup.com, by mail, or between 7:30 and 8:10 a.m. on race day

Starting time: 8:30 a.m.

Registration fee: \$20 through May 12; \$25 from May 13 to May 30; \$30 on race day

Youth discount! Entrants under age 18 can sign up for just **\$12** through May 12. If registering online, click on "Special Pricing."

Online processing fee: \$2.50 maximum (less per entry if multiple entries submitted together)

Location: Washington Elementary School, 515 Clifton Road, Bethel Park. Parking is available in the Washington School lot or in the nearby Al's Café parking lot.

Advance packet pickup: at Fleet Feet, 1751 North Highland Road (Norman Center), from 5:00 to 7:00 p.m. on May 30 and 3:00 to 7:00 p.m. on May 31.

Awards: Fleet Feet gift certificates to top 3 overall, male/female; medals to top masters finisher (age 40 and up) and top 3 in each age category (10 and under, 11–14, 15–19, 20–24, 20–29, 30–34, 35–39, 40–44, 45–49, 50–54, 55–59, 60–64, 65–69, 70+), male/female

T-shirts are guaranteed to those who register (postmarked or online) by May 12.

Make checks payable to: Bethel Friends of the Montour Trail

Mail to: Bruce Barron, 101 Gardenia Drive, Bethel Park, PA 15102

Contact: Bruce Barron, bruce.barron0@gmail.com or 412-260-8797

Detach bottom of form to register by mail, or register online at www.runsignup.com

J. R. Taylor Memorial 5K Race/Walk Registration Form

Name _____ Runner _____ Walker _____ Gender: M F

Street Address _____ City _____

State _____ Zip code _____ Phone _____ E-mail _____

Age as of 6/1/2019 _____ Circle T-Shirt Size YM YL AS AM AL AXL **AXXL (guaranteed if registered by May 12)**
(add \$2 for size AXXL)

Waiver: In consideration of my entry in the J. R. Taylor Memorial Race/Walk, I waive all rights and claims for damages against the Friends of the Montour Trail in Bethel Park and the Montour Trail Council and their volunteers as a result of any and all injuries suffered by me in the J. R. Taylor Memorial Race/Walk, whether caused by trail conditions, actions of participants or otherwise. I also authorize the use of any photos that may involve me.

Signature

Parent Signature if under 18