2002 IKEA/Montour Trail ½ Marathon and 5k Run and Walk Breaks all Records

The 2002 IKEA/Montour Trail ½ Marathon and 5K Run & Walk was held on September 14, 2002 with a record turnout of 1,150 participants. Our Trail meteorologist Mr. Dennis Sims even managed a break in the hot weather to the delight of the runners and walkers.

Peter Kohnke, President of the Montour Trail, addressed the runners of both the ½ Marathon and 5k races before the events. He wished them well and thanked them for their support of the Montour Trail. The final accounting isn't in yet but projections indicate that this year's event will net a record sum of approximately $15,000 for the trail.

The winners of the ½ Marathon were Laura Hruby, 42, and Andrew Herr, 37. Neither Laura nor Andrew seems to be allowing their age to slow them down. Hruby finished in a time of 1:22:07, which was 18 seconds faster than her winning time from last year. She is a master's runner at age 42. Her closest competitor was Colleen Harrison, 23. Colleen finished 2:01 behind Laura, at 1:24:42. Herr, who finished second in the ½ marathon last year, improved his time this year by almost 2 ½ minutes to win in 1:08:52. His time translates into a 5:15 pace per mile; that is to say, he was flying.

The winner of the Great Race 5k was Tricia Snyder, 25, and Tyler Newcommer, 27, were the winners of the 5k. Snyder's winning time was 18:47. Newcommer's winning time was 15:36.

Our event attracts the top runners in the area, as evidenced from the following results of the September 29th Great Race as reported in the Post Gazette:

Laura Hruby, our women's ½ Marathon winner, won the Women's Masters Division and the Richard Caliguiri Award. The Richard Caliguiri Award is given to the first woman and man from the Pittsburgh Area. The male recipient of the Richard Caliguiri Award was Rob Reeder who finished second in our ½ Marathon.

The winner of the Great Race 5k was Tricia Snyder, our 5k women's winner.

Some other finishers familiar to The Montour Trail organization were: Marshall Fausold, 65, 5th in the 60 to 69 age group; Aaron Morphy, 17, 4th in the 16 to 19 age group; and Linda Francis, 57, 1st in age group 55 to 59. Linda also bikes and is one of our Trail Monitor Patrols.

This year marked the 7th year for IKEA as the host sponsor. IKEA provides over $2,000 in gift certificates as prizes to the winners of the event. In addition they provide the use of their facility, services,

(Continued on page 6)
Trail Talk
from the Editor's Desk

Wow! I know time flies when you're having fun, but how quickly this year has passed by. It was a mere twelve months ago that I read the newsletter was looking for an editor and offered my services to the MTC. Little did I know then what I was in for!

In all seriousness, the volunteers of this organization are "in payment only." In other words, they don't get paid for their services but have some of the most professional commitments to any group I've ever seen. It's a lot to live up to, particularly if you are a bit of a perfectionist. I have been overwhelmed by the patience of my many new friends and colleagues as I have worked with them this past year.

And I am encouraged by the many devout readers of the Trail Letter. Even people at my "real job" stop me to comment on something in the newsletter they've read. With a rather unusual name, I can barely introduce myself before someone mentions the Trail. I enjoy this recognition, not because I seek my fifteen minutes of fame, but rather because it shows once again how far-reaching our Trail is. In fact, I have found it nearly impossible to find not a single trail enthusiast in any random group of people.

The Trail we are all seeking to build connects more than just neighborhoods or municipalities or, eventually, states. Our Trail connects us to each other. The Trail transcends politics, sports allegiances, daily woes and, even, volunteerism. People don't use the Trail to show their community activism; they use it because they like it. And when we say hello to one another as we walk, bike, roller blade or jog, it is as friends united by a strip of land and nothing else.

And I'm glad to be a friend among you. Best wishes for the holiday season.

Astrid

November 2002

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Calendar of Events

MTC Annual Dinner Meeting – Nov. 17
MTC Board Meeting – Nov. 18
MTC Board Meeting – Dec. 16

The Montour Trail Council is an all volunteer organization founded in 1989 to convert the abandoned Montour Railroad right of way and the abandoned Peters Creek Branch of the Pennsylvania Railroad into a fifty-five mile recreational trail for non-motorized activity regardless of physical ability or financial wherewithal.
Cecil Friends at the Fall Festival

For the past 12 years the Montour Trail has been a participant of the Cecil Fall Festival, which was named the Indian Summer Festival for many years before reverting back to the original name this year. The Fall Festival was started by the late Don Berty; who was a founder of the Cecil Friends. As usual, the Cecil Friends represented the Montour Trail answering many questions ranging from the Allegheny Highlands Trail to the Panhandle Trail and even the proposed National Flite Trail. Many of the visitors to our booth were trail neighbors from Southview and Mount Pleasant Township. Needless to say, they were happy to hear that trail construction to fill the gap was underway. There were even several questions about the Johnston Road Bridge.

Each year, Hoyt Hall makes walking sticks from the many smooth and red sumac trees that grow adjacent to the Trail. This is a craft that was passed down to him from Don Berty. Many of our visitors thought that it was toxic like poison ivy or poison oak and were hesitant to purchase one. We told them that they were confusing it with poison sumac, which grows in marshy areas. Pictures were on display showing the difference between the two plants, as well as a piece of a live sumac tree. It was surprising how many people would step away from it thinking it was poisonous and then watching their faces when we would tell them that the red seedpod makes a delicious beverage.

Thanks to Hoyt Hall, Dennis Sims, John Hooton, Joan Dristas and Mary Ellen McKenna for spending parts of their weekend spreading the word.

Dennis Sims

Friends' Meetings and Work Parties

- MTC Board Meeting, every third Monday of the month at 6:00 pm at 304 Hickman St., Suite 3, Bridgeville, PA. Turn right off of the Bridgeville exit of I-79, turn left at the next light, go straight at next light and make left turn onto Hickman St. just after the Post Office. Call Peter at 412-854-1835 for more information or to get on the agenda.

- Cecil Events:
  - Friends of the Trail meeting, every fourth Wednesday of the month at 7:00 pm in the MTC Offices, 304 Hickman St., Suite 3, Bridgeville, PA. Call 412-257-2553 for more information.
  - Work & Clean-up party, every third Saturday of the month at 9:00 am. Meet at the Storage shed at Hendersonville. Call 412-257-2553 for more information.

- Moon/Robinson Events:
  - Friends of the Trail meeting, the Wednesday before the second Saturday of the month at 7:00 pm, at the Forest Grove Fire Department. Anyone from the communities of Moon and Robinson are encouraged to attend. Call 412-859-3020 for more information.
  - Work & Clean-up party, every second Saturday of the month at 9:00 am. Call 412-262-3748 for more information and location.

- Findlay/North Fayette Events:
  - Friends of the Trail, call Don at 724-899-3695 or Pete at 412-788-4136 for more information.
  - Work & Clean-up party, every fourth Saturday of the month at 9:00 am. Meet at the Enlow Ballfield. Call 412-788-4136 for more information.

- Bethel Park Events:
  - Friends of the Trail meeting, every first Tuesday of the month at 7:30 pm in the Bethel Park Municipal Building Council Chambers. Anyone interested in the Bethel Park Trail segment is encouraged to come. For Clifton Road Bridge Committee meetings, contact Peter Kohnke at 412-354-1835 for more information.
  - Work & Clean-up party, every second and fourth Saturday of the month at 8:30 am. Call Bob O’Connell at 412-833-6259 for location and information.

- South Hills Trailblazing:
  - Friends of the Trail Work & Clean-up party, last Saturday of every month. All volunteers are welcome. For more information call Paul McKeown at 412-835-6692.

- Fort Cherry Events:
  - Friends of the Trail Meeting, first Wednesday of the month at McDonald Borough Bldg., Council chambers at 7:00 pm. Work & Clean-up parties, scheduled as needed. For more information, contact John Wasko at 724-796-3781, or Joe Seibel at 724-693-2523.

Comments & News
Your opinion means a lot to us. Send your comments or news information to:
Montour Trail-Letter
304 Hickman Street
Bridgeville, PA 15107
or E-mail to: newsletter@montourtrail.org

Newsletter Deadline
All articles for the January / February Trail-Letter will be due no later than December 1, 2002
THE STATE OF THE TRAIL

At our annual dinner in November, the MTC president customarily gives a state of the trail message. Knowing that many of you will not be able to attend, I will briefly outline the progress and plans we have at present. However, please try to make the dinner - we have an inspiring speaker in Dave Dionne, a highly successful trail developer in Maryland – and a good time is guaranteed for all.

Now, for the state of the trail, starting at Coraopolis. I will not say much about the wonderful completed sections, as I assume you are out there using them.

WEST HILLS
♦ With our ceremony last spring opening the section from Boggs to Quicksilver, miles 0 to 18 are now open without interruption.
♦ Possible connections from milepost 0 to downtown Coraopolis and a spur linking the trail to Pittsburgh International Airport are in the early discussion stages.
♦ Our groundbreaking for construction of the 4 miles from McDonald to State Route 50 took place on October 18, 2002; work should be complete by next June. This includes the re-decking of the McDonald Trestle. (See elsewhere in this newsletter for more details on this project.)

CECIL TOWNSHIP
♦ The replacement bridge over State Route 50 is scheduled to be installed in 2004.
♦ Because of limited vehicle sight distance, the concrete arch over Muse-Bishop Road will have to be removed and replaced with a more open structure. We plan to hire Mackin Engineering to design this structure. We hope to have the removal and replacement done in one construction season, so as to minimize disruption of this popular piece of trail in Cecil Township. Funding has not yet been allocated for this.
♦ The Muse and Westland spurs are not yet designed or funded.
♦ The Morgantown and Georgetown Road crossings are also awaiting design by Mackin Engineering.

PETERS TOWNSHIP
♦ The MTC has secured funding for the Chartiers Creek section, from and including the bridge over Chartiers Creek up to and not including the lower (western) Valleybrook Road bridge.
♦ Funds have not yet been allocated for the Lower Brush Run section, which starts at the lower Valleybrook Road bridge and goes to the entrance of the Peters Township Sanitary Authority just west of US 19. Three new bridges are included in this project.
♦ We have reached an agreement with Peters Township that permits installation of Montour Trail mile markers on the 3.75 miles of the Arrowhead Trail.
♦ The ½-mile section from Brush Run Road to the Bethel Park line, connecting with the 2 miles of completed trail of the Bethel Branch, is in active construction now.
♦ The mile of trail from Library Junction (where the Montour Trail will branch off from the Arrowhead) to the county line is mostly designed, and funds have been applied for.

SOUTHERN ALLEGHENY COUNTY
♦ The mile of trail from the county line to Pleasant Street in Library is mostly designed and mostly funded. This includes the re-decking of the Library Trestle. We hope for construction in 2003.
♦ The section from Pleasant Street to Stewart Road is not designed yet.
♦ A spur into Allegheny County’s South Park is being considered. Two routes are being considered, but design work has not started.
♦ The section from the end of the existing 1.5 mile section of trail at Triphammer Road to where the trail will cross Piney Fork Road is partially designed.
♦ The section from the Piney Fork Road crossing to Snowden Road is not designed yet. From Snowden to Gill Hall Roads, we have one mile of trail that was built for us by the Pennsylvania Turnpike Commission.
♦ From Gill Hall Road to PA 51, including the crossing of PA 51, the trail is not designed yet. The Trail Council does not yet own right of way in this area, however Jefferson Hills Borough has hired an engineering consultant to identify right of way options in this area. Peters Creek Road is lightly traveled and thus makes a good alternative choice for now.

(Continued on page 6)
Welcome New Members

The Montour Trail Council would like to welcome these new members and thank them for their support. We would also like to thank all our members who have renewed their membership and remind all that a growing membership is one of the criteria foundations look for when we apply for grants.

NEW MEMBERS
Catherine A. Allebrand  
W. Blumberg  
Kevin & Susan Boehme  
Robert Breen  
Susan & Frank Burditt Jr.  
Harold Cramer  
Michael S. Crawford  
Mr. & Mrs. Dale DeBlander  
John M. Dodson  
Camellia L. Fico  
LaVonne Franjione  
Pete Frischmann  
Janice B. Gaetano  
Dave Grimm  
Roger M. Hamman  
George & Sophia Heunisch  
Laura E. Isager  
Walt & Gail Jandrasits  
Lawrence P. Jones  
Allan T. Junker  
Patricia A. Kistler  
Vida Komor  
Christine M. Lazzini  
Grover C. Lee, Jr.  
Joanne E. Levin  
Laurie McKee  
Jeff & Sandy Mertens  
LaRue Muellerschoen  
Jere D. Noble  
Kathryn Peelor  
Louis V. Pilotti  
Marla Ridge  
George Roeschenthaler  
David Roessler  
Rogers & Reynolds  
Robert A. Sasser  
John M. Seman  
Paul & Mary Beth Sklar  
Denise A. Stalnaker  
Richard K. Thomas  
John & Ann Thomas  
Deborah C. Thrapp  
Joyce A. Toth  
Ralph Veltre  
C. J. Welter  
Terry L. Willard  
Charles D. Wolf  
Mitch Zemel  

LEADER’S CIRCLE
Hugh & Eliza Nevin

BENEFACTORS
John M. Seeman  
Joseph W. Schultz  
Michael J. Kiely  
Luke Hingson & Nancy Park

Membership Chairman - Jerry Agin

Trail Closing Alert

As you probably know, our contractor, Atlas Railroad Construction Co. was given the "Notice to Proceed" as of Sept. 25; they recently started to work along the McDonald section of the Trail.

According to the schedule the Cowden, Glass Hill and Papp Road bridges are to be closed and worked on as beginning as soon as the first of November. Accordingly, the trail in those areas will have to be closed for about two or three months. We are looking into optimal closure points, taking into consideration the availability of suitable detours.

Thank you for your patience while we improve your Trail!

Ed Taylor
Construction Report

On Wednesday, September 25, the Montour Trail Council gave ‘notice to proceed’ to Atlas Railroad Construction of Eighty Four, PA, to begin construction on the biggest yet segment of the Montour Trail. Over five miles of new trail in northern Washington County will be open to the public by next summer! Included in Atlas’ $1,769,000 contract is Montour’s signature structure: the enormous 970-foot long, thirteen-span McDonald Viaduct. Having survived nine decades of weather and nine years of legal assault, the viaduct remains structurally sound. It will be refurbished to carry trail users over a deep valley on a new concrete deck with sturdy safety railings.

Other contract items include installing new wooden decks on bridges over Southview Road and Millers Run, raising the Papp Road and Glass Hill Road bridges, removing the Cowden and Galati Road bridges, and building trail through the spectacular Peacock Cut, just south of Primrose. Tying it all together will be five miles of brand new crushed limestone trail surface, from north of the McDonald Viaduct to Route 50 at Venice. This will extend the longest continuous portion of the Montour to 23 miles, from Moon Township (near Coraopolis) to Venice.

A public groundbreaking ceremony was held at 3:00 pm on Friday afternoon, October 18, at the north end of the McDonald Viaduct. There was also a public open house on Wednesday evening, October 16, at Fort Cherry Golf Club to explain the project. All construction work is expected to be complete by June of 2003, unless delayed by winter weather.

There will be three construction zones within the long-established section of the Montour Trail in Cecil Township. Two of these are the bridges at Papp and Glass Hill Roads, which will be raised for better road clearance. Construction on these projects is scheduled to start in early November and should be completed during the winter’s low-use period. The bridge at Cowden Road will be removed in late October, and the trail graded back at a long slope to cross the road at grade. Although the contractor will work to minimize the disruption, these construction zones will close the Trail in those areas from time to time. Trail users will be expected to stay out of construction areas and adhere to posted signs and trail closure information.

As of press time, the contractor had already begun to move equipment onto the McDonald site. The preliminary schedule shows the work of stripping rail and ties from the Viaduct will be underway by the time you read this. The deck for the Viaduct will be concrete, pre-cast in sections by a firm near Harrisburg, then trucked in and lifted into place. (McDonald Viaduct work may be weather-dependent, and stretch into early Spring.) October should also see the stripping and re-decking of

(Continued on page 7)

Herr, Hruby contribute to record-breaking IKEA / Montour Walk-Run

(Continued from page 1)

food, beverages and the support of their volunteers, all of which are invaluable.

Adelphia Communications came on board this year as a major event sponsor. This also was the first year of sponsorship for Dick’s Sporting Goods and The Mall at Robinson. Our other fine sponsors are: Computer Associates, Coca Cola (Powerade), Eagle Physical Therapy, Elite Runners & Walkers, Kaufmann’s, Ohio Valley General Hospital, Robinson Town Center, Burgh’s Pizza & Wing Pub, Ventana Hills, Ambassador Tent Rentals, Great Harvest Bread, Interstate Communications and The Salvation Army.

The raffle this year had over $1,000 in prizes, which were given to the participants of the 3 events. First prize was a Sony portable stereo tuner and CD player donated by Circuit City, won by Andrew Smith. Dick’s Sporting Goods donated $1,050 in gift certificates. Other raffle sponsors were The Rice Company, Elite Runner’s and Walkers, The Cracker Barrel, Sam’s Club and Target.

Again the emergency services provided for the event were excellent. Northwest EMS, Robinson EMS and Valley EMS provided the emergency medical services. The Findlay, Moon, North Fayette and Robinson Township Police departments handled the traffic control.

In conclusion, we would also like to take this opportunity to thank our own volunteers. Many of our volunteers worked long hours to make this event a success.

Jesse Forquer
Construction Report, cont.

the Southview and Miller Run Bridges. Another early item is abutment removal and some considerable earthwork at the Galati Road crossing. Preliminary grading of the trail will occur during the first half of the eight-month contract, with the finished crushed limestone surface to be laid near the end. Trail shoulders, fencing and seeding will be performed next April and May.

It’s been a long time coming. In 1999 the MTC solicited proposals from engineering firms to do final design of all remaining trail in Washington County. Mackin Engineering Company was selected and began work in early 2000. Because the engineering job was so large, and all construction funding is not yet in place, the contract was broken into two pieces. Phase I covers the section that is now starting construction. Design work for Phase II, primarily in Peters Township, is still ongoing. With both design and construction funded by Federal TEA-21 monies administered by PennDOT, the design moved through the approval process more slowly than we had hoped. The direct cost of this construction is the $1,799,000 contract with Atlas plus a separate $80,000 contract with Mackin to provide professional inspection of the various items of bridge work. This will primarily be funded by an allocation from the Allegheny Trail Alliance of $1,123,000. This allocation, from money set aside (or “earmarked”) for the Great Allegheny Passage in the TEA-21 Federal Transportation Act, was provided by the ATA to the Montour Trail Council for this purpose. The ATA similarly provided $550,000 toward the cost of the Washington county design contract. The additional funds required will come from other TEA-21 funds available to the MTC.

We are all excited about seeing this great leap of construction progress about to unfold. Four years of quiet and sometimes frustrating work undertaken by many individuals – not to mention the preceding years of more general efforts that made reaching this phase possible – has brought us to this point in the trail’s overall development. Nearly another year is ahead, as the many tasks of administering and inspecting this contract await completion. The Montour Trail Council, and especially the Engineering and Construction Committee chaired by Dennis Pfeiffer, is to be commended. Especially long and hard work has been – and continues to be – put in by Ed Taylor (MTC’s Mackin liaison and construction manager), Dick Quasey, Joe Seibel, John Wasco, Phil Ruscillo and many others have given much of their time to moving this project forward.

The Montour Trail Council is completing its 13th year. By the time we reach 14 we will have a single segment of almost 23 miles, plus about 12 miles in separate, as yet unconnected, segments. We still have much to do. We face a need to raise over $2,700,000 in additional funding and have several real estate issues to resolve. However, with our record of accomplishment and our present momentum, we can be confident that our “Coraopolis to Clairton” goal will be reached. Onward!

Marshall Fausold and Ned Williams

New volunteers help make Rib Cook-Off a success

Whew! Trail volunteers responded to fire drill calls to staff the Rib Cook Off and finally all went well. As you readers may recall from earlier articles, we volunteers have served as beer bartenders at this South Park charity event that fund-raises for 18 communities in the southeastern Allegheny County area. MY-REC is our "employer" if you will.

We have "Day Captains" for each of the four days of this event to organize and recruit the roughly 160 pourers needed, but a misunderstanding left us a captain short for Labor Day Monday. Your reporter, with outstanding help from Joe Seibel, Roger McIlhenny and Jo Ann Berty did complete the staffing, so all did finally go well. The four-day weather could not have been better, the beer flowed like rain never did this summer, MY-REC made its funding and in turn presented us a neat $4,500 donation check.

Volunteering for this event is fun once you get there and get into the swing (oops! swing) of things, but let’s plan for a more leisurely staff-time next year. Your Trail definitely needs to ask someone to step forward and volunteer to be Monday Captain next year. Could that someone be a resident of Bethel Park? The other neighborhoods are well represented in this effort, and we know we have many Trail enthusiasts living in Bethel Park, so maybe Black Hawk pride is a good source of willing help. Please contact a Board member or Trail officer.

John Hooton

... and the PREZ sez ...

(Continued from page 4)

♦ From the Park-n-Ride lot by PA 51 to Clairton, the trail is mostly complete, and is expected to be complete by the end of this year.

As you can see, the Montour Trail is a work in progress. But we can take pride in the over 32 miles of trail already available for use. Your contributions of time and money will help us make the remaining trail sections happen more quickly and keep the existing trail mileage in the best possible condition.

Thanks, and see you on the (completed or uncompleted) trail!

Peter Kohnke
**IKEA Tree Sale**

Don't forget when shopping for your Christmas tree this year to be sure to stop by IKEA. The MTC will be helping to sell and wrap trees for easy transport, and your purchase will directly benefit the MTC.

The beautiful array of firs will be available in the IKEA parking lot the first week of December (exact dates were not set at time of this publication). For a small fee, the MTC tree wrappers will make sure your holiday tree makes it home safe and sound, and you can bask in the knowledge that your contribution is helping to maintain the Trail.

Anyone willing to help in this annual holiday ritual can contact us at our main office number at 412-831-2030. And we'll see you in December!