For your consideration

Autumn is a second spring when every leaf is a flower
Albert Camus

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The 11th Annual IKEA / Montour ½ Marathon and 5K Run and Walk by Jesse Forquer, Race Director

On September 9th, the weather was beautiful and the Ikea – Montour Trail ½ Marathon and 5K Run and Walk went off without a hitch. As the event director I have the privilege of seeing all the main areas activity during the event. I see the event from registration in the morning to the trophy presentations at the activities tent at IKEA after the races. We had some visitors at this year’s event and they were very impressed with the masses of people they saw having fun. They were also impressed with the colorful activities at the finish line, the gazebo area and the awards ceremony at the activities tent. Frank Polito, the Director of Government and Community Affairs from Comcast, visited the activities tent during the trophy presentation and said that he was very impressed with the turnout and the great job that the IKEA and the Montour Trail volunteers were doing conducting the trophy presentation. Comcast, a corporate sponsor, gave the Montour Trail a donation of over $10,000 in airtime, running 60, 5-minute interviews on their CNN Headline News Channel in August with board member John Hooton, as well as a cash donation.

Special thanks to our host sponsor IKEA, who again poured their money and energy into the event. IKEA of course has even encouraged us to recruit other sponsors. This year’s total cash sponsorship will be over 5,000 dollars.

Dick’s Sporting Goods is located within a mile of the Trail, and the Trail provides the perfect venue to use many of their products. Consider, that in the Robinson Township, Allegheny County trail area you can use the trail to run (continues on page 6),

Marking the Miles by Mark Imgrund

Trail users often want to know how far they’ve gone, how far they yet have to go, or simply where some particular trail-feature is located. Mile posts (MP) have been located along parts of the trail since the first sections of the trail were built, but observant trail users may have noticed both some discrepancies in what was there, as well as some recent additions and changes. Some readers may be interested in a bit of history, what’s presently happening, and what the future holds for Montour Trail mile posts.

Ghosts of Mile Posts Past

The first mile markers were installed along the Cecil section of the trail when it was first built. Using old Montour Railroad mile posts that were still visible along the right of way, new MPs 25 through 29 were placed along the trail. Although these matched the mile markers from the original railroad, and worked perfectly fine for those using only the Cecil section, it wasn’t long after the section of trail between the McDonald Trestle and Route 50 was completed, that two miles of trail were “missing”.

It turns out that Montour Railroad’s “Mile 0” was a good bit further into Coraopolis than the beginning of our trail, and the railroad re-aligned the tracks (removing numerous oxbows) a couple of times through the years since they originally marked the mile posts. Hence, our original MP 25 sign was actually located 22.91 miles (continues on page 5)
I extend a warm welcome to the members and friends of the Montour Trail.

On the afternoon of Friday, September 1, our Director of Development, Dave Wright scheduled a meeting at the Library viaduct with our District 11 PENNDOT federal enhancement coordinator Robert Slagel, P.E. The purpose of the meeting was an onsite review of the work required to refurbish the Library viaduct (Trail Mile 35.3). There are many steps to complete before this project can go to bid. However, this meeting was a significant productive milestone in the process. Please look for detailed articles in future newsletters pertaining to the refurbishment of this 506’ long structure.

Getting to the Library viaduct from downtown proved very interesting. My day job with PNC keeps me for the most part in an office in the USX Tower. My commute from the Western suburbs is usually pleasant, but excludes me from experiencing the Port Authority’s great light rail system to the South Hills. This meeting’s location presented me with my first opportunity to experience a fantastic ride on the refurbished (47L) from Pittsburgh through Overbrook to the end of the line at the Library station. The Montour Trail Library Viaduct was a short walk from the station. In the future, the Montour Trail will connect to the Port Authority’s Library station. If done right, this connection should open up new alternatives for commuters in the area. As an example of a hub done right, I present the Minuteman Bikeway and the Massachusetts Bay Transportation Authority (MBTA) in Boston.

The Minuteman Bikeway (eleven miles) connects directly to the Alewife light rail “T” station and parking garage in Cambridge, Mass. The Alewife station is the Northwest end point of the light rail “Red” line that connects to metro Boston. The parking garage at Alewife holds 2,595 cars and has 174 bicycle spaces on the first floor. I was there on a Wednesday afternoon in June of 2003 and there was hardly a place left for a bicycle or for a car. (See photos)

If covered bicycle facilities are provided, I suspect the Montour Trail too can become more of a commuter option as sections are completed to transportation hubs like the Library Station.

Happy Trails
Dennis Pfeiffer, President
MTC Board Meeting:
every third Monday of the month - 6:00 p.m. at 304 Hickman St., Suite 3, Bridgeville, PA. Turn right off of the Bridgeville exit of I-79. Turn left at the next light, go straight at next light and make left turn onto Hickman St. just after the Post Office. Call Peter at 412-854-1835 for more information or to get on the agenda.

Cecil Events:
Friends of the Trail meeting, every fourth Wednesday of the month at 7:00 p.m. From May-August, meetings are held at the Kurnick Access area along the trail off Cecil-Henderson Road; other months meet at the MTC Offices. Work & Clean-up party scheduled for, every third Saturday of the month - 9:00 a.m. (Subject to change; check information boards.) Meet at the Kurnick Access Area Garage. Call Dennis Sims at 412-257-2553 for more info.

Airport Area Events
Friends of the Trail meeting, the Wednesday before the second Saturday of the month at 7:00 p.m., at the Forest Grove Fire Department. Anyone from the communities of Moon and Robinson are encouraged to attend. Call 412-859-3020 for more information. Work & Clean-up party, every second Saturday of the month - 9:00 a.m. Call 412-262-3748 for more information and location.

Bethel Park Events:
Friends of the Trail meeting, every first Tuesday of the month at 7:30 p.m. in the Bethel Park Municipal Building Council Chambers. Anyone interested in the Bethel Park Trail segment is encouraged to come. For Clifton Road Bridge Committee meetings, contact Peter Kohnke at 412-854-1835 for more information. Work & Clean-up party, every second and fourth Saturday of the month - 8:30 a.m. Call Bob O’Connell at 412-833-6259 for location and information.

South Hills Friends of the Trail
Meeting first Wednesday of the month at 6:30 p.m. at the Jefferson Hills Borough Building. Work and cleanup parties the first Saturday of the month. All volunteers are welcome. For more information, call David Oyler at 412-831-9288, davidoyler@verizon.net, or Paul McKeown at 412-835-6692, mckeownp@adelphia.net

Fort Cherry Friends:
Friends of the Trail Meeting, second Wednesday of the month at McDonald Borough Bldg., Council chambers at 7:00 p.m. Work & Clean-up parties, scheduled as needed. For more information, contact Ray Johnston at 724-356-2621.

Peters Township Friends:
Friends of the Trail Meeting, first non-holiday Monday of the month at Peters Township Parks and Recreation Center at 7:00 p.m. For more information on Work & Clean-up parties, please contact Mark Imgrund at 724-941-6351 or by e-mail at mcimgrund@adelphia.net

The Editor’s Trail Dust
A question for the readership:

Way back in 1990, your editor had the privilege of creating the first newsletter for the Montour Trail and let me tell you, it was not easy. Not everyone had a computer and not everyone had email and no one had a digital camera. Many of the articles were sent to me as handwritten copy that had to be typed in before they could be placed in the layout. As you can imagine, this was a time consuming task. The newsletter was then printed and taken to a copier.

Move ahead 16 years, computers and email have become commonplace. Desktop publishing software has become more powerful and versatile allowing for a more appealing product. Because computer technology and communications is more commonplace, we are asking our readership to consider a new way of receiving the newsletter. In an attempt to save some money, time, and wear and tear on the newsletter committee, we would like to know how many of you would prefer to get the newsletter electronically.

The newsletter is currently available on the Montour Trail Website at the same time you receive it in the mail. If you elect to receive your newsletter electronically, you will receive an email giving you instructions on how to get your copy. If there are inserts in the newsletter for trail events, or the ATA newsletter, you would receive instructions on how to get them as well, as they too, are available electronically via the Internet. And, yes you can still opt to see it in your mailbox every other month.

We want your opinion; please send an email to newsletter@montourtrail.org telling us your preference to how you would like to receive your newsletter. The comment period will close November 1, 2006. We will report back in the November-December edition the result of this survey.

The Deadline for submitting articles for the November-December edition of the Newsletter will also be November 1. Anyone is free to submit an article for consideration and they can be emailed to the editor at the above address. The editor is planning a centerfold spread of pictures from all the events of this year that have taken place along the Trail from the Burgh Run to the Dog Walk to the Twilight Walk to the Ikea and the Tour the Montour, so please email any pictures you may wish to submit from these events. Thanks in advance.

Dennis Sims
Building the Montour-Panhandle Connector: Part 1, Robinson Run Bridge by Charlie Beaumariage

The Robinson Run Bridge is located below and one half mile southwest of the McDonald Viaduct on the mile long Montour-Panhandle Connector. It is a ten foot wide, sixty-feet long, three-span steel girder bridge. The original structure across Robinson Run was built in 1917 by the King Bridge Co. of Cleveland, Ohio, as part of the transfer track between the Montour and Pennsylvania Railroads.

In 2002, the Montour Trail Council Engineering and Construction Committee, (chaired by Ned Williams, who played a vital role in the bridge reconstruction) determined that an engineering study (done by Mark Imgrund, MTC Vice President) would be needed to evaluate the bridge’s condition to determine if it could be utilized for the connecting trail.

MTC volunteers began in May of 2004 to dismantle the old railroad ties and rails from the bridge. Jack Peth, managed the construction of two concrete abutments, grouting at the bearing plate locations and reinforcement of the girders with concrete. Retaining walls were built at the abutments and all this work was completed in the spring of 2005. During that summer, volunteers chiseled, hammered and scraped the girders of many decades of rust before power washing and then painting them. That work was lead by Dave Wright. Recycling the old railroad ties and placing them on the girders for a deck foundation came next. Building the railings and a new deck of treated lumber were high lighted with the in-laid design of a rail bed made of composite lumber. The bridge was finished in October of 2005.

The cost of this project was over $13,000 for materials and it was primarily funded through grants received from the Washington County Tourism Promotion Agency.

Volunteers contributed over sixteen hundred hours of labor completing the rehabilitation of the Robinson Run Bridge and many hours not counted involved the engineering & design, project management and fund raising. The following each contributed over one hundred hours of volunteer labor and were honored at the Montour Trail Council annual dinner in November of 2005 with the Golden Spike Award. Charlie Beaumariage, John Becker, Roger Mac Elhaney, Dave Oyler, Jack Peth, Ned Williams, John Wasco.

MTC Receives DCNR Grant for West Peters Trail by Gil McGurl

In June, The Pennsylvania Department of Conservation and Natural Resources (DCNR) announced its Community Conservation Partnership Program Grants. The Montour Trail Council received a grant of $124,700 to construct 1.65 miles of trail in West Peters. This grant will allow building trail from the Chartiers Creek Bridge to a point only a few hundred yards from the Arrowhead trail portion of the Montour Trail. This is great news for trail users because the completion of this project combined with a companion bridge project funded by federal transportation monies will virtually link the Peters Township and Bethel Park section of the trail with the 27 miles of contiguous trail between Coraopolis and Chartiers Creek at the Cecil/Peters border. It will eliminate the most difficult and dangerous road detour on the Montour Trail.

Preliminary construction activities have already begun on the new section of trail. The Western portion of the trail has been cleared and drainage work will begin in the near future. To meet the requirements of the grant from DCNR, the MTC must match the DCNR funding with donated materials and volunteer work. You too can help on this important project. Our work parties will be announced on the Montour Trail Yahoo Group, and anyone who isn’t part of the group, can get a personal call or e-mail about the work parties by letting Project Manager Mark Imgrund, mcimgrund@adelphia.net, know that you’d like to help. Work parties are held both on Saturdays and during the week.

Local communities are also supporting this project. Peters Twp. and Bethel Park have already donated over 3000 tons of recycled asphalt pavement to provide a solid base for the trail.

Like most volunteer projects the schedule for completion is uncertain. This project will also have to be coordinated with contractor work on the bridge project. The current project goal is to have this section of trail open by the end of 2007.

There will be an official groundbreaking ceremony for this construction project on Sunday, October 22, 2006 at Noon on the west end of the Arrowhead Trail at the St. Petersburg Plaza off Valleybrook Road. The Guest of Honor will be Congressman Tim Murphy.

Following the groundbreaking, there will be a pot luck Mon-ToberFest picnic at Cecil Park until dusk. For more info or to tell us what delectable goodies you plan on bringing call Mary Ellen Mckenna at 412-445-0185, or you can email her at memckenna@indappr.com,
Marking the miles continued from page 1

from the beginning of the trail. Whoops! Until the sections of trail were connected, this was not much of a problem. Now it is.

The original marking of MP 0 though MP 12 was done soon after sections of that trail were built. Legend has it that some of these MPs were located using the odometer of a volunteer trail vehicle. Accordingly, some were not located as accurately as we would have liked. Hurricane Ivan permanently relocated some of these markers two years ago, giving us the opportunity to make things better.

Mile Posts Present

Efforts to complete and correct the installation of trail MPs began a couple of years ago with an Eagle Scout project to build, locate and install MP 13 through MP 21, just west of Route 50. These new MPs were located by running a measuring wheel the entire distance from MP 0, confirming in that exercise the need to relocate some of the existing MPs through MP 12. President Dennis Pfieffer did the lion’s share of the work rolling that measuring wheel over 21 miles. Earlier this summer, a Delloite work party re-installed several of these more accurate MPs, as reported in a previous Montour Trail Letter article. This task is not complete as of this writing.

An Eagle Scout candidate from Peter Township, Brandon Zawicki, has taken on the task of constructing, locating, and installing MP 22 through MP 35. This Eagle Scout project will correct the location of the MPs now trailside in Cecil, and will install new MPs in the Peters Township section (including Arrowhead Trail), plus one in Bethel Park, just west of Library Trestle. By the time you’re reading this article, there’s a good chance some of this work may have started.

If you’re interested in seeing the rough location of where these MPs will be located, you need look no further than the Montour Trail web site. Late last year, webmaster Dave Hajnik added indicator’s to Bill Metzger’s maps to show where MP 22 through MP 46 will be located. Dave also helped this writer do some of the ground measurements in Cecil to locate the “real” MPs.

Mile Posts Future

Those of you who’ve read this far may be wondering how we’re locating MPs on sections of the trail where bridges are missing, gaps exist in the trail, and in some cases where the final alignment of the future trail is somewhat in question. Good question! Although we can’t physically run a measuring wheel over “air bridges” that aren’t there, or practically do so along some undeveloped sections of the trail, there is a fairly accurate way to determine where most are located. The old Montour Railroad’s drawings contain sufficient stationing information to establish linear distances along the centerline of the right of way, as well as locations of physical structures still present along the trail. All that is left is some simple math, and measuring from bridge abutments or drainage culverts to the station where a MP should be located.

When we complete the installation of all MPs through MP 35, we still have a ways to go, and obviously not just in the physical mile posts themselves. The locations of MP 36 through MP 46 are based on a set of reasonable assumptions about the eventual alignment of the trail through South Park and Jefferson Borough, and should serve our through-cyclist well. This whole exercise has also led us to realize that the main line of the trail is only a bit longer that 46 miles, not the 47-1/2 or so miles that we once thought it to be.

Perhaps we’ll have another Eagle Scout candidate come forth soon to construct and install the mile posts that are possible to install from South Park into Clairton. And it is likely that some time in the not-so-distant future, you will find us once again refining the locations of our MPs, this time from MP 22 through MP 46.

Twilight Trail Walk IV

The Peters Friends hosted another exciting Twilight Trail walk on Friday, July 21st. The event took place along Arrowhead Trail in Peters Township. Participants were able to start the walk from either end this year. This alleviated the lack of parking and registration congestion that existed in prior walks. The event was a great success and raised around $4,000. Some of the money raised will go towards trail maintenance and the rest will go into the West Peters Trail Construction Fund.

The 3-mile round trip walk was lit with more than 600 luminaria. Participants enjoyed cookies and drinks donated by Parkhurst Dining service. Entertainment was provided by The Lee Robinson Duo at St. Petersburg Center and The TTW IV Variety show entertained guests at Farm House Coffee. Also there to entertain were the Eat’n Park Cookie and the St. Petersburg Ice Creamery Cow.

This year’s event was sponsored by our title sponsor J&L Testing Company, Lourdes Boschuk, President. Other sponsors include St. Petersburg Ice Creamery, My Big Fat Greek Gyro, Farm House Coffee, Pittsburgh Children’s Foundation, The Eye Gallery, Timothy P. Weyrich, MD, Brownlee Trucking, Waste Management, Coca Cola, Parkhurst Dining Service, Eat’n Park, Jeffrey P. Banyas MD, LLC, Patrick C. Derrico, Jenny Falconi Family, Pro Adjustor Chiropractic, and Vasko Dodge. Many raffle prizes were donated by local businesses.

Events like this would not take place without all of the great volunteers that worked hard to make it happen. Comments from participants indicate that next year’s event will be greatly anticipated.
The event open class winners were as follows:

½ Marathon Men
(name, age, time)
1: Matt Meurer, 24, 1:10:56,
2: Eric Anish, 37, 1:12:55,
3: Tim Wu, 25, 1:13:32,

½ Marathon Women
1: Heather Parks, 31, 1:20:33 (New course record by 6 seconds),
2: Melissa Cole, 27, 1:21:30,
3: Mindy Sawtelle, 23, 1:21:56

5K Men
1: Pat McGuire, 24, 15:11,
2: Jay Dolmage, 28, 15:17,
3: Charlie Ban, 24, 15:25,

5K Women
1: Ashley Zervos, 21, 19:44,
2: Erin Gemmill, 25, 19:52,

Congratulations to all of our event finishers you are all winners! The complete results may be viewed on the Runners’ High Website at http://runhigh.com/.

There are too many volunteers and remaining sponsors to thank individually in this article. Without these people, the success of the event would not be possible. Photos from the event will be featured on a pictorial page in the November-December issue.
Welcome New Members

The Montour Trail Council would like to welcome these new members and thank them for their support. We would also like to thank all our members who have renewed their membership and remind all that a growing membership is one of the criteria foundations look for when we apply for grants.

I want to spread the word. Please send me additional flyers.
I have written my Legislator and County Commissioners asking them to support the trail.
My organization would like to provide a letter of endorsement.
I know a group interested in a presentation.
I wish to become a member of the Montour Trail Council. (Membership is tax deductible)
I wish to make an additional tax deductible contribution of $____ to the Montour Trail Council to help make the Montour Trail a reality. (Make your check payable to the Montour Trail Council)

NAME
ADDRESS
CITY STATE ZIP
PHONE (daytime) (evening)
E-MAIL

By applying for membership in the Montour Trail Council, I indicate my support of its goals.

Signature

A copy of the official registration and financial information may be obtained from the Pennsylvania Department of State by calling tollfree, within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement.

DON’T FORGET! The Montour Trail Council may be designated as your United Way Contributor Choice option #3308 or Combined Federal Campaign Contributor Choice option #9308, where you work.

Consider a Gift of Stock to the Trail
by John Hooton

Many of our “core” Trail supporters use the phrase, “We love The Montour Trail! Let’s expand that thought to include a “win, win” donation of highly appreciated stock. If you have the good fortune to own such stock and want to make a sizeable donation to The Trail, you will find the tax man helps you.

Let me call on estate planning attorney Bob Winters, who is also a longtime Trail member, to see what he has to say in this regard. He is of the firm, Goehring, Rutter & Boehm in the Frick Building.

“The point is, The Montour Trail, a nonprofit 501(c)3 organization, must be the entity selling the stock.” Bob suggests the following procedure:

“First, call Trail Board member John Hooton to arrange for your broker, or Hefren-Tillotson, the Endowment Fund Advisor if you prefer, to donate ownership of the stock either to The Montour Trail directly, or to The Montour Trail Endowment Fund, if you prefer.

“The brokerage firm will issue a receipt showing The Trail as owner. The stock then is sold by The Trail. The Trail Fund gets the proceeds of the sale and you get a tax deduction for that same amount.

“The tax deduction can be realized for up to 50% of your Adjusted Gross Income (AGI) in the year of the gift and excess donation can be carried forward for a long as five future years. For example, if you paid $10,000 for stock that is now worth $50,000, your donation would treated in the following way. Doing it right saves you about $6,000 in capital gains tax. Assuming your AGI is $100,000, a gift of $50,000 is fully deductible in the year of your gift. A $100,000 gift in this instance you would write off over two tax years.”

What an excellent way to support your Trail!
The Trail Online Store is (almost) Open!

The Online Trail Store is about to reopen! We, at The Montour Trail, are announcing a new logo store affiliation with “Imagine Threads”, at 501 Valleybrook Road in McMurray. Pictured here is longtime volunteer, Berenice Hooton, as she checks out some items with Proprietor Dave Eilerman in “The Montour Trail Corner” of his store.

As we go to press in this issue, our webmasters, DebThompson and Dave Hajnik, are rewriting the webpage to show us how we can order and pay for Trail clothing and other items online at Dave’s store. So, continue to check our website, clicking on “Store” or “Links” for further instructions. Perhaps by the time you are reading this article, changes will have already been made. In any case, you can visit the store on Valleybrook Road now to see the exciting new fall items that have just arrived. They are available for immediate purchase!

As a Bonus when you order from Imagine Threads, you are welcome to ask Dave to include a FREE Event T shirt for as long as current supplies last. Call it a nostalgia trip! Several payment options are available, PayPal, credit cards and cash when visiting the store. You can visit www.imaginethreads.com for more information.

We now offer much faster delivery service than before; you can pick up prepaid orders within one week of placing them! And we have a much wider selection of goods, from embroidered polo and denim shirts to personalized coffee mugs and even baby bibs for your family’s newest Trail users!

We do ask that you mention The Montour Trail in your order so Dave can give a donation credit to show your support to build and maintain the Trail. On regular items, the Trail will receive a 15% of purchase price donation from Imagine Threads and on sale items, a 5% donation. Because of new lower prices on many items, a $6 S&H fee will apply on all mail orders under $75. Orders of $75 and more are sent without a fee. In any case, you can save the fee by picking up your order at the store. That will give you an opportunity to see what else is available.

Dave and The Montour aim to please!

John Hooton